

PRICE LIST

1:1 PERSONAL THERAPY SERVICES	(PER 45 MINUTES)
Psychological Therapy (with the service lead clinical psychologist)	£120.00
Psychological Therapy (delivered by a clinical or counselling psychologist)	£100.00
Counselling (delivered by a counsellor)	£55.00
CBT (delivered by a CBT therapist)	£75.00

FAMILY THERAPY	(PER 50 MINUTES)
Family Therapy Session	£150.00
Couples Therapy Session	£130.00

CLINICAL SUPERVISION & CONSULTATION	
1:1 Supervision Session	(per 15 mins) £25.00
Group Supervision Session (Max 4 Participants)	(per 60 mins) £50.00
Reflective Practice Session (Team Session)	(per 60 mins) £300.00

Accepted insurance schemes











Version 4.0 Updated Sept 2024